





Let members know about Value-Added Items & Services (VAIS)

We recognize that staying at home can be tough. Luckily, Aetna MA/MAPD members have access to discounts that they can use right now, on grocery delivery, games, fitness gear and 24/7 monitoring.

Remember, due to compliance rules, the discount programs below, which are considered Value-Added Items & Services (VAIS) by CMS, can only be discussed with current members; you cannot promote them to prospective enrollees.

	Shipt	Shipt offers grocery delivery for our members, with discounts available for a one-year contract. Aetna Medicare members can get a full year of same-day delivery on groceries and household essentials from stores they trust for just \$49 (reg. \$99). To get started, members can go to www.shipt.com/aetna .
	Element3	Element3 offers social and activity clubs virtually to help keep members healthy and socially connected during this time of physical distancing.
	LifeMart	LifeMart is a shopping website with discounts on fitness, audiobooks, Amazon/Audible, workout programs, meal kit deliveries, streaming services and more.
	Lumosity	Lumosity's brain training program offers over 60 different fun games for memory, math, vocabulary and more. Members receive 40% off a year subscription. If interested, members can go to https://www.lumosity.com/en/landing_pages/aetna .
	LifeStation	LifeStation * offers a 24/7 monitoring and medical alert



system. In an emergency, members can press their help button to connect immediately with a care specialist who can assess the situation and contact EMS, if necessary. Aetna Medicare members can receive this service at a discounted rate as low as of \$19.95 per month, with no long-term contract. Go to <https://brochure.lifestation.com/aetna> for more information.

*Note: With some Aetna Medicare plans, LifeStation is a covered benefit, so be sure to check the plan's Evidence of Coverage first. If it is not covered in a plan, members can still get access to it through our discounted rate.

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Help/Contact us:

If you have any questions, please [Contact Us](#).

We are located at 151 Farmington Ave, Hartford, Connecticut 06156.

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